


December

Lunch 2018

GCPHS

Monday	Tuesday	Wednesday	Thursday	Friday
3 CORN DOG COLD PASTA CORN & CARROTS FRUIT	4 BEEF TAQUITOS RICE & BEANS LETTUCE & TOMATOES FRUIT	5 CHICKEN NUGGETS MASHED POTATOES W/ GRAVY CUCUMBERS & CELERY FRUIT	6 BACON & TURKEY SANDWICH CELERY & CUCUMBERS FRUIT	7 PEPPERONI PIZZA CARROTS & BROCCOLI FRUIT
10 CRISPY CHICKEN SANDWICH POTATO WEDGES & CORN FRUIT	11 STEAK QUESADILLA BEANS LETTUCE & TOMATO FRUIT	12 BAKED MARINARA BEEF ZITI CELERY & CARROTS FRUIT	13 GRILLED HAM & CHEESE MELT CUCUMBERS & CELERY FRUIT	14 PEPPERONI PIZZA CARROTS & BROCCOLI FRUIT
17 CRISPY CHICKEN TENDERS W/ MAC N CHEESE CORN & CELERY FRUIT	18 BEAN & CHEESE NACHOS LETTUCE & TOMATO CUCUMBERS FRUIT	19 PEPPERONI PIZZA CARROTS & BROCCOLI FRUIT	20 RED BEEF TAMALES BEANS LETTUCE & TOMATO FRUIT	21
24	25	26	27	28
30	31			



Alternative fruit,
Fat Free & 1% Milk
Offered Daily



"Eat a variety of foods from the 5 food groups everyday, this will give your body the energy, vitamins, and minerals it needs"

Menu is subject to change due to product availability
"This institution is an equal opportunity provider and employer"

December

Breakfast 2018

GCPHS

Monday	Tuesday	Wednesday	Thursday	Friday
3 CEREAL BOWL GRAHAM CRACKERS FRUIT	4 BAGEL & CREAM CHEESE FRUIT	5 FRENCH TOAST FRUIT	6 EGG, HAM AND CHEESE BURRITO FRUIT	7 LARGE MUFFIN FRUIT
10 CEREAL BOWL TOAST FRUIT	11 POPTART YOGURT FRUIT	12 WAFFLES FRUIT	13 PIZZA BREAKFAST BAGEL FRUIT	14 DONUT FRUIT
17 CEREAL BOWL TOAST FRUIT	18 MINI BAGELS FRUIT	19 SAUSAGE & CHEESE BISCUIT FRUIT	20 PANCAKES FRUIT	21
24	25	26	27	28
30	31			



Alternative fruit,
skim & 1% Milk
Offered Daily



"Having Breakfast is the Best Way to
Start the Day and Prolong Your Life!"

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