


February Breakfast 2019 GCPHS

Monday	Tuesday	Wednesday	Thursday	Friday
				1 LARGE MUFFIN FRUIT
4 CEREAL BOWL GRAHAM CRACKERS FRUIT	5 POPTART & YOGURT FRUIT	6 PIZZA BAGEL FRUIT	7 BANANA BREAD FRUIT	8 MINI MUFFINS FRUIT
11 CEREAL BOWL TOAST FRUIT	12 MINI BAGELS FRUIT	13 SAUSAGE BISCUIT FRUIT	14 PANCAKES FRUIT	15 LARGE MUFFIN FRUIT
18 	19 CEREAL BOWL GRAHAM CRACKERS FRUIT	20 WAFFLES FRUIT	21 CINNI MINI FRUIT	22 MINI DONUTS FRUIT
25 CEREAL BOWL GRAHAM CRACKERS FRUIT	26 BANANA BREAD FRUIT	27 FRENCH TOAST FRUIT	28 BAGEL & CREAM CHEESE FRUIT	




Alternative fruit,
skim & 1% Milk
Offered Daily



"Having Breakfast is the Best Way to
Start the Day and Prolong Your Life!"

Menu is subject to change due to product availability
"This institution is an equal opportunity provider and employer"

Lunch Menu February 2019 GCPHS

Monday	Tuesday	Wednesday	Thursday	Friday
				1 PEPPERONI PIZZA CARROTS BROCCOLI FRUIT
4 CRISPY CHICKEN SANDWICH CORN PICKLES FRUIT	5 BEEF TAQUITOS RICE & BEANS LETTUCE & TOMATOES FRUIT	6 CHICKEN FRIED RICE W/ STIR FRY VEGGIES CARROTS CELERY FRUIT	7 TURKEY SANDWICH CUCUMBERS CELERY FRUIT	8 PEPPERONI PIZZA CARROTS BROCCOLI FRUIT
11 POPCORN CHICKEN & MASHED POTATO BOWL W/ CORN CELERY FRUIT	12 BEEF & BEAN BURRITO CUCUMBERS SALAD MIX FRUIT	13 SPAGHETTI W/ MEATSAUCE CORN CUCUMBERS FRUIT	14 CHEESEBURGER PICKLES GREEN LEAF FRUIT	15 PEPPERONI PIZZA CARROTS BROCCOLI FRUIT
18 	19 CHICKEN NUGGETS MAC N CHEESE CARROTS CORN FRUIT	20 BAKED MARINARA BEEF ZITI CARROTS CELERY FRUIT	21 GRILLED HAM & CHEESE MELT CORN CELERY FRUIT	22 PEPPERONI PIZZA CARROTS BROCCOLI FRUIT
25 CORN DOG COLD PASTA CELERY CORN FRUIT	26 STEAK QUESADILLA BEANS LETTUCE & TOMATO FRUIT	27 CHICKEN ALFREDO PASTA BROCCOLI CARROTS FRUIT	28 COLD CUT SUB PICKLES CUCUMBERS FRUIT	



**Alternative fruit,
Fat Free & 1% Milk
Offered Daily**



"Eat a variety of foods from the 5 food groups everyday, this will give your body the energy, vitamins, and minerals it needs"

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