

April Breakfast 2019 GCPHS

Monday	Tuesday	Wednesday	Thursday	Friday
1 CEREAL BOWL TOAST FRUIT	2 YOGURT & GRANOLA FRUIT	3 PIZZA BAGEL FRUIT	4 CINNAMON ROLL FRUIT	5 LARGE MUFFIN FRUIT
8 CEREAL BOWL GRAHAM CRACKERS FRUIT	9 POPTART & YOGURT FRUIT	10 SAUSAGE BISCUIT FRUIT	11 BAGEL & CREAM CHEESE FRUIT	12 MINI MUFFINS FRUIT
15 CEREAL BOWL TOAST FRUIT	16 MNI BAGELS FRUIT	17 EGG & BEAN BURRITO FRUIT	18 FRENCH TOAST FRUIT	19 LARGE MUFFIN FRUIT
22 CEREAL BOWL GRAHAM CRACKERS FRUIT	23 CINI MINI FRUIT	24 WAFFLES FRUIT	25 BAGEL & CREAM CHEESE FRUIT	26 MINI MUFFINS FRUIT
29 CEREAL BOWL TOAST FRUIT	30 POPTART & YOGURT FRUIT			



Alternative fruit,
skim & 1% Milk
Offered Daily



"Having Breakfast is the Best Way to
Start the Day and Prolong Your Life!"

Menu is subject to change due to product availability
"This institution is an equal opportunity provider and employer"

Lunch Menu

April 2019

GCPHS

Monday	Tuesday	Wednesday	Thursday	Friday
1 CRISPY CHICKEN SANDWICH CORN PICKLES FRUIT	2 BEEF TAQUITOS RICE & BEANS LETTUCE & TOMATOES FRUIT	3 BAKED MARINARA BEEF ZITI CARRTOS SALAD MIX FRUIT	4 GRILLED CHEESE MELT CELERY PICKLES FRUIT	5 PEPPERONI PIZZA CARROTS BROCCOLI FRUIT
8 CHEESEBURGER GREEN LEAF PICKLES FRUIT	9 BONELESS CHICKEN WINGS BREAD CELERY CARROTS FRUIT	10 CHICKEN FRIED RICE W/ STIR FRY VEGGIES BROCCOLI CELERY FRUIT	11 TURKEY & CHEESE SANDWICH CELERY PICKLES FRUIT	12 CHEESE PIZZA CARROTS BROCCOLI FRUIT
15 POPCORN CHICKEN & MASHED POTATO BOWL W/ CORN CARROTS FRUIT	16 BEAN & CHEESE NACHOS CUCUMBERS SALAD MIX FRUIT	17 CHICKEN ALFREDO PASTA SALAD MIX CARROTS FRUIT	18 TURKEY & BACON SANDWICH CELERY PICKLES FRUIT	19 PEPPERONI PIZZA CARROTS BROCCOLI FRUIT
22 CORN DOG COLD PASTA CELERY CARRTOS FRUIT	23 CHICKEN NUGGETS MAC N CHEESE CORN CUCUMBERS FRUIT	24 SPAGHETTI W/ MEATSAUCE CELERY SALAD MIX FRUIT	25 COLD CUT SUB CARROTS POTATO WEDGES FRUIT	26 PEPPERONI PIZZA CARROTS BROCCOLI FRUIT
29 HOT DOG COLD PASTA CELERY CARROTS FRUIT	30 STEAK QUESADILLA BEANS LETTUCE & TOMATO FRUIT			



**Alternative fruit,
Fat Free & 1% Milk
Offered Daily**



"Eat a variety of foods from the 5 food groups everyday, this will give your body the energy, vitamins, and minerals it needs"

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