

May

Breakfast 2019

GCPHS

Monday	Tuesday	Wednesday	Thursday	Friday
		1 PIZZA BAGEL FRUIT	2 FRENCH TOAST FRUIT	3 LARGE MUFFIN FRUIT
6 CEREAL BOWL GRAHAM CRACKERS FRUIT	7 POPTART & YOGURT FRUIT	8 SAUSAGE BISCUIT FRUIT	9 BAGEL & CREAM CHEESE FRUIT	10 MINI MUFFINS FRUIT
13 CEREAL BOWL GRAHAM CRACKERS FRUIT	14 MNI BAGELS FRUIT	15 EGG & CHORIZO BURRITO FRUIT	16 PANCAKES FRUIT	17 LARGE MUFFIN FRUIT
20 CEREAL BOWL GRAHAM CRACKERS FRUIT	21 MINI DONUTS FRUIT	22 WAFFLES FRUIT	23 BAGEL & CREAM CHEESE FRUIT	24
27	28	29	30	31



Alternative fruit,
skim & 1% Milk
Offered Daily



"Having Breakfast is the Best Way to
Start the Day and Prolong Your Life!"

Menu is subject to change due to product availability
"This institution is an equal opportunity provider and employer"

Lunch Menu

May 2019

GCPHS

Monday	Tuesday	Wednesday	Thursday	Friday
		1 SPAGHETTI W/ MEATSAUCE CORN CUCUMBERS FRUIT	2 COLD CUT SUB PICKLES CUCUMBERS FRUIT	3 PEPPERONI PIZZA CARROTS BROCCOLI FRUIT
6 CRISPY CHICKEN SANDWICH CORN PICKLES FRUIT	7 BEAN & CHEESE NACHOS LETTUCE & TOMATO FRUIT	8 CHICKEN FRIED RICE W/ STIR FRY VEGGIES CARROTS CELERY FRUIT	9 BBQ DAY!	10 PEPPERONI PIZZA CARROTS BROCCOLI FRUIT
13 CORN DOG COLD PASTA CELERY CORN FRUIT	14 STEAK QUESADILLA BEANS SALAD MIX FRUIT	15 BAKED MARINARA BEEF ZITI CARROTS CELERY FRUIT	16 GRILLED BACON & TURKEY SANDIWCH PICKLES LETTUCE	17 PEPPERONI PIZZA CARROTS BROCCOLI FRUIT
20 GARLIC CHEESY BREAD GARBANZOS CUCUMBERS FRUIT	21 BEEF TAQUITOS RICE BEANS SALAD MIX FRUIT	22 CHICKEN ALFREDO PASTA BROCCOLI CARROTS FRUIT	23 PEPPERONI PIZZA CARROTS BROCCOLI FRUIT	24
27	28	29	30	31



Alternative fruit,
Fat Free & 1% Milk
Offered Daily



"Eat a variety of foods from the 5 food groups everyday, this will give your body the energy, vitamins, and minerals it needs"

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